Sustained Energy Tincture - Pure Vitality

DESCRIPTION

Clean, Lasting Energy — Without the Crash

This blend gives you real, sustained energy and stamina — the steady kind that builds you up, not the caffeine spike that drops you an hour later. It brings together seven of the world's most revered *adaptogens*, the roots and herbs Chinese, Ayurvedic, and Siberian medicine have used for centuries to help the body meet demand and recover.

The blend:

- **Siberian Ginseng & Eleuthero Root** — among the most storied adaptogens for stamina and endurance.
- **Maca** — the Peruvian strength-and-stamina root.
- **Holy Basil (Tulsi)** — Ayurveda's "elixir of life" for resilience under stress.
- **Rhodiola** — a cold-climate root prized for endurance and steady energy.
- **Gotu Kola** — for clear, calm vitality.
- **Ginseng** — the classic tonic root of Chinese medicine.

What it does: boosts your natural energy and stamina, helps your body handle stress, and keeps you focused and motivated through the day — without jitters, crashes, or dependency.

How to use: take 1–2 droppers (about 1–2 ml) under the tongue or in a little water, 2–3 times daily or as needed. For best absorption, hold under the tongue for 30–60 seconds before swallowing. Shake well first.

Disclaimer

This is a handcrafted herbal extract. It is not intended to diagnose, treat, cure, or prevent any disease, and it is not a substitute for medical care for a serious or persistent condition.

We recommend consulting a qualified integrative healthcare professional before use — especially if you are pregnant, nursing, have a medical condition, or take any medications.

Important safety information:

- For internal use.
- Contains alcohol (vodka) unless you choose the glycerin-only version.
- Not recommended for children. Keep out of reach of children.
- Store in a cool, dark place. Shake well before each use.
- Results may vary. Always use as directed.
