# Expect Nothing T-Shirt

## DESCRIPTION

A gentle reminder to release attachment and welcome gratitude.

This serene unisex t-shirt carries a timeless mantra of mindfulness:

**"Expect Nothing, Appreciate Everything."**

Featuring a peaceful meditating Buddha seated within a radiant rainbow lotus, this design captures the heart of Eastern wisdom — letting go of expectation and finding beauty in every moment.

Whether you're deep in meditation, walking your spiritual path, or simply choosing peace over pressure — this shirt speaks your truth with calm and grace.

**Breathe in. Let go. Appreciate everything.**