Purple Tea - Butterfly Pea & Hibiscus Flower Tea

DESCRIPTION

A Cup That Changes Colour

Purple Tea is pure flowers and pure joy: it brews a deep violet, and a squeeze of lemon turns it bright magenta before your eyes. Children love it, guests love it, and it is caffeine-free, so you can drink it any time.

What's in the blend:

- **Blue butterfly pea flower** — Ayurveda's *Aparajita*, a calming tonic for the mind; its blue anthocyanins change colour with acidity.
- **Hibiscus** — tart, ruby-red and good for the heart.
- **Blue cornflower** — the old European eye flower, adding colour and softness.

Why it works: these are three of the most anthocyanin-rich flowers on earth — the same family of antioxidants found in blueberries — in a cup that is as calming as it is beautiful.

The Eastern view: All three flowers are cool in nature. In TCM terms the blend clears Heat, calms the spirit and brightens the eyes — a soothing cup for hot, restless, tired-eyed days.

How to brew: 1 teaspoon per cup of hot water, 5 minutes. Add lemon or lime and watch it change colour. Lovely iced with honey.

Ingredients: Blue Butterfly Pea Flower, Hibiscus Flower, Blue Cornflower.

Size: 0.5 oz loose-leaf blend in a resealable black pouch with a window — about 10–15 cups.

Blended and packed to order by a small team of skilled herbal professionals.

Disclaimer

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

We recommend working with a qualified integrative healthcare professional, especially if you are pregnant, nursing, have a medical condition, or take any medications.

Important Safety Information:

- Hibiscus may lower blood pressure and blood sugar — take care with medication for either.
- Avoid during pregnancy (hibiscus).
- Avoid if allergic to the daisy family (cornflower).
- Keep out of reach of children. Store sealed in a cool, dry, dark place.
